

Simple Average

1/4/2022 to 1/14/2022

		Calories	Chol	Sodium	Fiber	Iron	Calc	Vit A	Vit C	Protein	Carb	Tot Fat	Sat Fat	Trans Fat	Sugars
		cals	mg	mg	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm	gm
<b>31588: Mary Bird</b>															
<b>1/4/2022 - Lunch - Preschool</b>															
Shelf Stable Fruit Variety	1/2 cup	94.333	0.000*	1.333*	1.999	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*	19.667
Fresh Fruit PK	1/4 cup	40.567	0.000*	0.707*	2.076	0.125*	11.302*	74.556*	13.222*	0.453	10.372	0.162*	0.013*	0.000*	6.484*
Fresh Vegetable PK	1/4 cup	33.640	0.000	37.741	1.423	0.365	10.747	2059.522	4.466	0.965	5.334	1.235	0.176	0.000	0.765*
Soymilk, Vanilla	1 half pint	150.000	0.000	70.000	0.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000	13.000
Mac & Cheese	1 serving	302.0	47.0	659.0	2.0	0.0	3560.0	32950.0	0.0	16.0	27.0	15.0	8.5	0.6	3.0
Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688
<b>1/5/2022 - Lunch - Preschool</b>															
Shelf Stable Fruit Variety	1/2 cup	94.333	0.000*	1.333*	1.999	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*	19.667
Fresh Fruit PK	1/4 cup	40.567	0.000*	0.707*	2.076	0.125*	11.302*	74.556*	13.222*	0.453	10.372	0.162*	0.013*	0.000*	6.484*
Fresh Vegetable PK	1/4 cup	33.640	0.000	37.741	1.423	0.365	10.747	2059.522	4.466	0.965	5.334	1.235	0.176	0.000	0.765*
Soymilk, Vanilla	1 half pint	150.000	0.000	70.000	0.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000	13.000
Pizza, Cheese 4x6	1 piece	310.000	15.000	480.000	4.000	2.700	250.000	500.000	0.000	16.000	35.000	11.000	4.000	0.000	8.000
Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688
<b>1/6/2022 - Lunch - Preschool</b>															
Anytimers Turkey and Cheese Lunch Kit	1 Tray	381.122	30.089	882.599	3.009	2.708	200.591	200.591	0.000	20.059	41.121	18.053	7.021	0.000	13.038
Anytimers Turkey Ham and Cheese Lunch Ki	1 Tray	360.062	45.008	720.123	1.000	1.800	200.034	200.034	1.200	18.003	33.006	17.003	5.001	N/A	8.001
Shelf Stable Fruit Variety	1/2 cup	94.333	0.000*	1.333*	1.999	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*	19.667
Fresh Fruit PK	1/4 cup	40.567	0.000*	0.707*	2.076	0.125*	11.302*	74.556*	13.222*	0.453	10.372	0.162*	0.013*	0.000*	6.484*
Fresh Vegetable PK	1/4 cup	33.640	0.000	37.741	1.423	0.365	10.747	2059.522	4.466	0.965	5.334	1.235	0.176	0.000	0.765*
Soymilk, Vanilla	1 half pint	150.000	0.000	70.000	0.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000	13.000
Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688
<b>1/7/2022 - Lunch - Preschool</b>															
Shelf Stable Fruit Variety	1/2 cup	94.333	0.000*	1.333*	1.999	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*	19.667
SBJ & Cheese	1 each	390.000	15.000	500.000	4.000	5.000	227.000	200.000	0.000	15.000	34.000	21.000	6.000	0.000*	11.000
Fresh Fruit PK	1/4 cup	40.567	0.000*	0.707*	2.076	0.125*	11.302*	74.556*	13.222*	0.453	10.372	0.162*	0.013*	0.000*	6.484*
Fresh Vegetable PK	1/4 cup	33.640	0.000	37.741	1.423	0.365	10.747	2059.522	4.466	0.965	5.334	1.235	0.176	0.000	0.765*
Soymilk, Vanilla	1 half pint	150.000	0.000	70.000	0.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000	13.000
Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688

Note: 0\* = zero value Nutrient data and missing Nutrient data (N/A), Number\* = some Nutrient data missing (N/A), N/A = missing Nutrient data

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1/4/2022 to 1/14/2022

		Calories	Chol	Sodium	Fiber	Iron	Calc	Vit A	Vit C	Protein	Carb	Tot Fat	Sat Fat	Trans Fat	Sugars
		cals	mg	mg	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm	gm
<b>1/10/2022 - Lunch - Preschool</b>															
Shelf Stable Fruit Variety	1/2 cup	94.333	0.000*	1.333*	1.999	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*	19.667
Fresh Fruit PK	1/4 cup	40.567	0.000*	0.707*	2.076	0.125*	11.302*	74.556*	13.222*	0.453	10.372	0.162*	0.013*	0.000*	6.484*
Fresh Vegetable PK	1/4 cup	33.640	0.000	37.741	1.423	0.365	10.747	2059.522	4.466	0.965	5.334	1.235	0.176	0.000	0.765*
Soymilk, Vanilla	1 half pint	150.000	0.000	70.000	0.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000	13.000
Nugget, Kickin & Smart Bites - PK	1 serving	298.0	0.0	367.0	1.8	3.96	32.0	0.0	0.0	11.6	32.4	14.4	1.8	0.0	8.8
Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688
<b>1/11/2022 - Lunch - Preschool</b>															
Shelf Stable Fruit Variety	1/2 cup	94.333	0.000*	1.333*	1.999	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*	19.667
Fresh Fruit PK	1/4 cup	40.567	0.000*	0.707*	2.076	0.125*	11.302*	74.556*	13.222*	0.453	10.372	0.162*	0.013*	0.000*	6.484*
Fresh Vegetable PK	1/4 cup	33.640	0.000	37.741	1.423	0.365	10.747	2059.522	4.466	0.965	5.334	1.235	0.176	0.000	0.765*
Soymilk, Vanilla	1 half pint	150.000	0.000	70.000	0.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000	13.000
Mac & Cheese	1 serving	302.0	47.0	659.0	2.0	0.0	3560.0	32950.0	0.0	16.0	27.0	15.0	8.5	0.6	3.0
Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688
<b>1/12/2022 - Lunch - Preschool</b>															
Shelf Stable Fruit Variety	1/2 cup	94.333	0.000*	1.333*	1.999	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*	19.667
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Fresh Vegetable PK	1/4 cup	33.640	0.000	37.741	1.423	0.365	10.747	2059.522	4.466	0.965	5.334	1.235	0.176	0.000	0.765*
Soymilk, Vanilla	1 half pint	150.000	0.000	70.000	0.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000	13.000
Pizza, Cheese 4x6	1 piece	310.000	15.000	480.000	4.000	2.700	250.000	500.000	0.000	16.000	35.000	11.000	4.000	0.000	8.000
Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688
<b>1/13/2022 - Lunch - Preschool</b>															
Anytimers Turkey and Cheese Lunch Kit	1 Tray	381.122	30.089	882.599	3.009	2.708	200.591	200.591	0.000	20.059	41.121	18.053	7.021	0.000	13.038
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Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688
<b>1/14/2022 - Lunch - Preschool</b>															
Shelf Stable Fruit Variety	1/2 cup	94.333	0.000*	1.333*	1.999	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*	19.667
SBJ & Cheese	1 each	390.000	15.000	500.000	4.000	5.000	227.000	200.000	0.000	15.000	34.000	21.000	6.000	0.000*	11.000
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Soymilk, Vanilla	1 half pint	150.000	0.000	70.000	0.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000	13.000
Milk, 1% Lowfat	1 HALF PINT	102.48	12.2	107.36	0.000	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	12.688

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Simple Average

1/4/2022 to 1/14/2022

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cals	mg	mg	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm	gm

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Allergens

Site 31588: 1/4/2022 to 1/14/2022

Serving Date	Recipe	Allergens
01/06/2022	R-0052 Anytimers Turkey and Cheese Lunch Kit	Milk, Eggs, Wheat, Soy Beans
	R-0053 Anytimers Turkey Ham and Cheese Lunch Kit	Milk, Eggs, Wheat, Soy Beans
01/07/2022	R-0072 SBJ & Cheese	Milk, Wheat, Soy Beans
01/04/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/05/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/06/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/07/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/05/2022	R-0116 Pizza, Cheese 4x6	Milk, Wheat, Soy Beans
01/04/2022	R-0147 Mac & Cheese	Milk, Eggs, Wheat
01/13/2022	R-0052 Anytimers Turkey and Cheese Lunch Kit	Milk, Eggs, Wheat, Soy Beans
	R-0053 Anytimers Turkey Ham and Cheese Lunch Kit	Milk, Eggs, Wheat, Soy Beans
01/14/2022	R-0072 SBJ & Cheese	Milk, Wheat, Soy Beans
01/10/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/11/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/12/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/13/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/14/2022	R-0090 Soymilk, Vanilla	Soy Beans
01/12/2022	R-0116 Pizza, Cheese 4x6	Milk, Wheat, Soy Beans
01/11/2022	R-0147 Mac & Cheese	Milk, Eggs, Wheat
01/10/2022	R-0154 Nugget, Kickin & Smart Bites - PK	Wheat, Soy Beans, Milk

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