

		USDA														
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat	
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm	
R-0063	Anytimers Cheese & Turkey Pepperoni Pizza Lunch Kit	350.422	40.048	881.060	4.005	7.008	1.802	450.542	400.482	9.011	15.018	35.042	15.018	7.008	0.000	
	Weight/Serving: 158.19	Fat Change %:		Moisture Change %:			% of Calories:			17.143	40.000	38.571	17.999			
R-0062	Anytimers Cheese Pizza Lunch Kit	359.601	29.967	749.169	3.996	6.992	1.798	599.335	299.668	5.993	12.986	33.962	16.981	8.990	0.000	
	Weight/Serving: 148.83	Fat Change %:		Moisture Change %:			% of Calories:			14.445	37.777	42.500	22.500			
R-0052	Anytimers Turkey and Cheese Lunch Kit	381.122	30.089	882.599	3.009	13.038	2.708	200.591	200.591	0.000	20.059	41.121	18.053	7.021	0.000	
	Weight/Serving: 119.35	Fat Change %:		Moisture Change %:			% of Calories:			21.053	43.158	42.631	16.580			
R-0053	Anytimers Turkey Ham and Cheese Lunch Kit	360.062	45.008	720.123	1.000	8.001	1.800	200.034	200.034	1.200	18.003	33.006	17.003	5.001	N/A	
	Weight/Serving: 125.02	Fat Change %:		Moisture Change %:			% of Calories:			20.000	36.667	42.500	12.500			
R-0050	Applesauce	59.999	0.000	0.000	1.999	13.000	0.000	0.070	N/A	N/A	0.000	16.000	0.000	0.000	0.000	
	Weight/Serving: 135.00	Fat Change %:		Moisture Change %:			% of Calories:			0.000	106.668	0.000	0.000			
R-0004	Bagel & Cream Cheese	240.000	20.000	395.000	3.000	8.000	1.800	100.000	300.000	0.000	11.000	34.000	8.000	4.000	N/A	
	Weight/Serving: 92.00	Fat Change %:		Moisture Change %:			% of Calories:			18.333	56.667	30.0	15.00			
R-0157	Bagel, Strawberry Cream Cheese Minis	230.0	10.0	180.0	2.0	13.0	N/A	N/A	N/A	N/A	6.0	41.0	6.0	2.5	0.0	
	Weight/Serving: 69.00	Fat Change %:		Moisture Change %:			% of Calories:			10.435	71.304	23.478	9.783			
R-0212	BAKED POTATO	160.89	0.000	17.3	3.806	2.041	1.868	25.95	17.3	16.608	4.325	36.590	0.225	0.059	0.000	
	Weight/Serving: 173.00	Fat Change %:		0.00	Moisture Change %:		0.00	% of Calories:			10.753	90.969	1.259	0.330		
R-0110	Benefit Bar, French Toast	290.000	20.000	240.000	3.000	22.000	1.800	20.000	0.000	0.000	5.000	47.000	9.000	3.000	N/A	
	Weight/Serving: 71.00	Fat Change %:		Moisture Change %:			% of Calories:			6.897	64.828	27.931	9.310			
R-0006	Benefit Bar, Oat Choc Chip	290.000	20.000	240.000	3.000	22.000	1.800	20.000	0.000	0.000	5.000	47.000	9.000	3.000	N/A	
	Weight/Serving: 71.00	Fat Change %:		Moisture Change %:			% of Calories:			6.897	64.828	27.931	9.310			
R-0030	Bread, Wheat Sliced	140.000	0.000	300.000	4.000	2.000	1.2	60.000	N/A	N/A	6.000	26.000	2.000	0.000	0.000	

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	56.00	Fat Change %:		Moisture Change %:		% of Calories:		17.143	74.286	12.857	0.000				
R-0044 Breakfast Pizza		210.000	15.000	350.000	3.000	5.000	1.900	146.000	200.000	0.000	9.000	27.000	7.000	2.000	0.000
Weight/Serving:	94.00	Fat Change %:		Moisture Change %:		% of Calories:		17.143	51.429	30.0	8.571				
R-0080 Burger, Cheese 6-12		160.000	0.000	200.000	3.000	4.000	1.800	N/A	0.000	0.000	7.000	31.000	2.000	0.000	N/A
Weight/Serving:	258.00	Fat Change %:		Moisture Change %:		% of Calories:		17.500	77.500	11.250	0.000				
R-0020 Burger, Cheese K8		160.000	0.000	200.000	3.000	4.000	1.800	N/A	0.000	0.000	7.000	31.000	2.000	0.000	N/A
Weight/Serving:	159.00	Fat Change %:		Moisture Change %:		% of Calories:		17.500	77.500	11.250	0.000				
R-0122 Burger, Cheese PK		80.000	0.000	100.000	1.500	2.000	0.900	N/A	0.000	0.000	3.500	15.500	1.000	0.000	N/A
Weight/Serving:	79.50	Fat Change %:		Moisture Change %:		% of Calories:		17.500	77.500	11.250	0.000				
R-0021 Burger, Chicken 6-12		160.000	0.000	200.000	3.000	4.000	1.800	N/A	0.000	0.000	7.000	31.000	2.000	0.000	N/A
Weight/Serving:	245.00	Fat Change %:		Moisture Change %:		% of Calories:		17.500	77.500	11.250	0.000				
R-0088 Burger, Veggie 6-12		160.000	0.000	200.000	3.000	4.000	1.800	N/A	0.000	0.000	7.000	31.000	2.000	0.000	N/A
Weight/Serving:	214.00	Fat Change %:		Moisture Change %:		% of Calories:		17.500	77.500	11.250	0.000				
R-0133 Burger, Veggie K8		160.000	0.000	200.000	3.000	4.000	1.800	N/A	0.000	0.000	7.000	31.000	2.000	0.000	N/A
Weight/Serving:	129.00	Fat Change %:		Moisture Change %:		% of Calories:		17.500	77.500	11.250	0.000				
R-0039 Burrito, Bean & Cheese IW		320.860	14.940	475.090	8.170	1.750	3.600	150.000	317.660	1.200	16.710	44.170	8.790	3.540	0.000
Weight/Serving:	147.42	Fat Change %:		Moisture Change %:		% of Calories:		20.832	55.065	24.656	9.930				
R-0024 Burrito, Bean, Rice & Cheese		210.000	10.000	610.000	4.000	3.000	1.7	160.000	200.000	4.000	9.000	30.000	6.000	2.000	0.000
Weight/Serving:	170.00	Fat Change %:		Moisture Change %:		% of Calories:		17.143	57.143	25.714	8.571				
R-0087 Burrito, Chile Relleno		424.165	20.980	1192.281	8.090*	5.950	3.600*	299.996*	462.099	45.600	17.120	56.039	14.660	6.400	0.000
Weight/Serving:	330.55	Fat Change %:		Moisture Change %:		% of Calories:		16.145	52.846	31.106	13.580				
R-0108 Calzone		407.000	34.000	754.000	4.000	2.000	1.440	430.000	350.000	3.000	22.000	42.000	20.000	15.000	0.000

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	173.00	Fat Change %:		Moisture Change %:		% of Calories:				21.622	41.278	44.226	33.170		
R-0075	Cereal Bar, Cinnamon Toast Crunch	160.000	0.000	120.000	3.000	8.000	1.440	150.000	0.000	0.000	2.000	30.000	3.5	0.000	0.000
Weight/Serving:	40.00	Fat Change %:		Moisture Change %:		% of Calories:				5.00	75.00	19.688	0.000		
R-0003	Cereal, 2 oz	220.000	0.000	305.000	4.250	16.000	6.175	237.500	812.500	9.000	4.000	45.500	3.125	0.250	0.000*
Weight/Serving:	56.00	Fat Change %:		Moisture Change %:		% of Calories:				7.273	82.727	12.784	1.023		
R-0100	Cereal, Cinnamon Chex	230.000	0.000	340.000	3.000	12.000	14.400	100.000	500.000	6.000	3.000	46.000	5.000	0.5	N/A
Weight/Serving:	56.00	Fat Change %:		Moisture Change %:		% of Calories:				5.217	80.0	19.565	1.957		
R-0091	Cereal, Cinnamon Toast Crunch	230.000	0.000	320.000	6.000	11.000	8.100	400.000	1000.000	9.000	3.000	44.000	5.000	0.5	0.000
Weight/Serving:	56.00	Fat Change %:		Moisture Change %:		% of Calories:				5.217	76.522	19.565	1.957		
R-0095	Cereal, Cocoa Puffs	230.000	0.000	220.000	3.000	15.000	5.6	200.000	750.000	9.000	3.000	47.000	2.5	0.000	0.000
Weight/Serving:	56.00	Fat Change %:		Moisture Change %:		% of Calories:				5.217	81.739	9.783	0.000		
R-0092	Cereal, Honey Nut Cheerios	210.000	0.000	320.000	4.000	19.000	5.400	150.000	750.000	9.000	5.000	45.000	2.5	0.5	N/A
Weight/Serving:	56.00	Fat Change %:		Moisture Change %:		% of Calories:				9.524	85.714	10.714	2.143		
R-0093	Cereal, Lucky Charms	210.000	0.000	360.000	4.000	19.000	5.6	200.000	750.000	9.000	5.000	46.000	2.5	0.000	0.000
Weight/Serving:	56.00	Fat Change %:		Moisture Change %:		% of Calories:				9.524	87.619	10.714	0.000		
R-0040	Cheeseburger Sliders, IW	272.768	31.542	476.236	2.396	2.817	3.098	114.517	78.724	10.327	18.699	29.898	9.184	3.008	0.000
Weight/Serving:	123.32	Fat Change %:		Moisture Change %:		% of Calories:				27.421	43.844	30.303	9.925		
R-0121	Chicken Nuggets	228.214	21.735	347.754	2.173	1.087	2.173	32.602	N/A	N/A	14.128	14.128	13.041	2.173	0.000
Weight/Serving:	84.76	Fat Change %:		Moisture Change %:		% of Calories:				24.763	24.763	51.429	8.570		
R-0125	Chicken Nuggets & Fries 9-12	428.214	26.735	517.754	4.173	1.087	3.533	142.602*	N/A	N/A	18.128	46.128	19.541	3.173	0.000*
Weight/Serving:	190.76	Fat Change %:		Moisture Change %:		% of Calories:				16.934	43.089	41.070	6.669		

		USDA														
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat	
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm	
R-0115	Chicken Nuggets & Smart Bites	358.214	21.735	442.754	3.173	9.087	3.973	32.602	0.000*	0.000*	16.128	36.128	17.041	3.173	0.000	
	Weight/Serving: 113.76	Fat Change %:		Moisture Change %:			% of Calories:			18.009	40.342	42.815	7.972			
R-0127	Chicken Tenders & Fries 6-12	463.024	30.291	564.536	5.035	1.012	3.181	130.233*	0.000*	0.000*	19.174	48.186	21.674	3.529	0.000*	
	Weight/Serving: 202.10	Fat Change %:		Moisture Change %:			% of Calories:			16.564	41.627	42.129	6.859			
R-0067	Chicken Wings, Buffalo	280.000	N/A	140.000	4.000	0.000	2.160	40.000	N/A	N/A	4.000	38.000	12.000	2.000	N/A	
	Weight/Serving: 238.66	Fat Change %:		Moisture Change %:			% of Calories:			5.714	54.286	38.571	6.429			
R-0033	Chips, Variety	135.000	0.000	132.500	1.500	1.750	0.750	10.000*	N/A	4.500	2.250	20.500	5.250	0.750	0.000	
	Weight/Serving: 29.21	Fat Change %:		Moisture Change %:			% of Calories:			6.667	60.741	35.00	5.00			
R-0149	Coffee Cake, Cinnamon	250.000	35.000	250.000	2.000	19.000	1.080	58.000	N/A	N/A	4.000	32.000	9.000	1.000	0.000	
	Weight/Serving: 82.00	Fat Change %:		Moisture Change %:			% of Calories:			6.400	51.200	32.400	3.600			
R-0136	Corn Dog Minis & Smart Bites	400.000	40.000	505.000	6.000	13.000	3.600	150.000	0.0	0.0	12.000	52.000	16.000	4.500	0.000	
	Weight/Serving: 141.00	Fat Change %:		Moisture Change %:			% of Calories:			12.00	52.00	36.00	10.125			
R-0137	Corn Dog Minis, 9-12	298.340	40.000	410.545	6.308	10.663	1.865	153.270	29.43	2.507	10.142	37.526	12.093	3.515	0.000	
	Weight/Serving: 166.50	Fat Change %:		Moisture Change %:			% of Calories:			13.598	50.313	36.481	10.604			
R-0109	Corn Dog, Chicken Bulk	238.842	40.142	692.442	2.308	7.627	N/A	N/A	120.425	0.000	N/A	27.898	83.093	2.509	N/A	
	Weight/Serving: 113.40	Fat Change %:		Moisture Change %:			% of Calories:			0.000	46.722	313.110	9.454			
R-0038	Corn Dog, Chicken IW	238.000	40.000	690.000	2.30	7.60	N/A	N/A	120.000	0.000	N/A	27.80	82.80	2.50	N/A	
	Weight/Serving: 113.40	Fat Change %:		Moisture Change %:			% of Calories:			0.000	46.723	313.109	9.454			
R-0123	Corn Dog, Chicken-Lunch	340.0	40.0	490.0	3.0	8.0	2.16	150.0*	0.0*	0.0*	10.0	48.0	12.0	2.5	0.0	
	Weight/Serving: 197.00	Fat Change %:		Moisture Change %:			% of Calories:			11.765	56.471	31.765	6.618			
R-0129	Cracker, Cheez-It	100.000	5.000	150.000	1.000	0.000	1.000	110.000	N/A	N/A	3.000	14.000	3.5	1.000	N/A	

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	21.00	Fat Change %:		Moisture Change %:		% of Calories:				12.00	56.00	31.500	9.00		
R-0096	Dick & Jane Cracker, 1oz	120.000	0.000	65.000	2.000	6.000	1.000	4.000	N/A	N/A	2.000	22.000	4.000	0.000	0.000
Weight/Serving:	29.00	Fat Change %:		Moisture Change %:		% of Calories:				6.667	73.333	30.0	0.000		
R-0112	Donuts, Powdered Sugar	310.000	20.000	250.000	2.000	29.000	1.3	40.000	0.000	0.000	3.000	52.000	11.000	5.000	0.000
Weight/Serving:	91.00	Fat Change %:		Moisture Change %:		% of Calories:				3.871	67.097	31.935	14.516		
R-0158	French Toast Sticks, Bulk	250.0	0.0	300.0	3.0	7.0	0.0	0.0	N/A	N/A	6.0	37.0	9.0	1.5	N/A
Weight/Serving:	99.00	Fat Change %:		Moisture Change %:		% of Calories:				9.600	59.200	32.400	5.400		
R-0089	French Toast Sticks, IW	320.000	10.000	270.000	2.000	22.000	0.6	21.000	0.0*	0.0*	6.000	58.000	7.000	1.000	0.0*
Weight/Serving:	113.30	Fat Change %:		Moisture Change %:		% of Calories:				7.500	72.500	19.688	2.812		
R-0073	Fresh Fruit PK	40.567	0.000*	0.707*	2.076	6.484*	0.125*	11.302*	74.556*	13.222*	0.453	10.372	0.162*	0.013*	0.000*
Weight/Serving:	75.37	Fat Change %:		Moisture Change %:		% of Calories:				4.467	102.270	0.000	0.000		
R-0007	Fresh Fruit, Seasonal	59.212	0.000*	1.162*	3.023	9.004*	0.204*	20.314*	142.754*	25.352*	0.773	14.903	0.260*	0.019*	0.000*
Weight/Serving:	111.04	Fat Change %:		Moisture Change %:		% of Calories:				5.222	100.676	0.000	0.000		
R-0008	Fresh Vegetable .5 cup	41.257	0.0	71.863	1.670	0.972*	0.562	19.314	2462.069	7.449	1.625	8.700	0.363	0.051	0.0
Weight/Serving:	75.35	Fat Change %:		Moisture Change %:		% of Calories:				15.755	84.349	7.919	1.113		
R-0066	Fresh Vegetable .75 cup	56.813	0.0	95.768	2.186	1.130*	0.672	25.625	3140.729	10.703	2.279	11.945	0.515	0.070	0.0
Weight/Serving:	100.70	Fat Change %:		Moisture Change %:		% of Calories:				16.046	84.100	8.158	1.109		
R-0077	Fresh Vegetable 1 cup	78.266	0.0	134.257	2.986	1.366*	1.016	34.741	3249.639	14.577	3.170	16.395	0.711	0.094	0.0
Weight/Serving:	138.57	Fat Change %:		Moisture Change %:		% of Calories:				16.201	83.791	8.176	1.081		
R-0074	Fresh Vegetable PK	33.640	0.000	37.741	1.423	0.765*	0.365	10.747	2059.522	4.466	0.965	5.334	1.235	0.176	0.000
Weight/Serving:	46.64	Fat Change %:		Moisture Change %:		% of Calories:				11.474	63.424	33.041	4.709		
R-0057	Frozen Strawberry Cup	80.000	0.000	1.000	2.000	16.000	N/A	N/A	N/A	N/A	0.000	21.000	0.000	0.000	0.000

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		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat	
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm	
Weight/Serving:	128.00	Fat Change %:		Moisture Change %:			% of Calories:			0.000	105.00	0.000	0.000			
R-0135	Fruit, Juice, Milk - K12	208.340	5.000	165.545	1.308	37.663	0.425	253.270	779.430*	62.507*	9.142	42.526	0.093	0.015	0.000	
Weight/Serving:	401.21	Fat Change %:		Moisture Change %:			% of Calories:			17.552	81.647	0.402	0.065			
R-0132	Fruit, Veg, Milk - K8	187.520	5.000	202.908	3.670	30.385	0.641	275.035	984.805	7.359*	9.780	38.134	0.285	0.043	0.000	
Weight/Serving:	369.54	Fat Change %:		Moisture Change %:			% of Calories:			20.862	81.344	1.368	0.206			
R-0134	Fruit, Veg, Milk 9-12	263.240	5.000	203.645	5.642	39.906	0.871	278.450	1034.730	14.893*	10.810	57.438	0.572	0.148	0.000	
Weight/Serving:	443.29	Fat Change %:		Moisture Change %:			% of Calories:			16.426	87.279	1.956	0.506			
R-0131	Grilled Cheese & Smart Bites	140.000	0.000	300.000	4.000	2.000	1.2	60.000	N/A	N/A	6.000	26.000	2.000	0.000	0.000	
Weight/Serving:	141.00	Fat Change %:		Moisture Change %:			% of Calories:			17.143	74.286	12.857	0.000			
R-0144	Grilled Cheese Sandwich	140.000	0.000	300.000	4.000	2.000	1.2	60.000	N/A	N/A	6.000	26.000	2.000	0.000	0.000	
Weight/Serving:	112.00	Fat Change %:		Moisture Change %:			% of Calories:			17.143	74.286	12.857	0.000			
R-0097	Ham and Cheese Bagel	306.667	40.000	843.333	3.000	5.000	2.030	227.000	274.000	0.000	17.667	58.000	11.500	5.500	0.000*	
Weight/Serving:	120.34	Fat Change %:		Moisture Change %:			% of Calories:			23.044	75.652	33.750	16.141			
R-0059	Holiday Cookies, Fat Cat	142.000	13.9	92.9	1.3	11.9	0.137	449.800	N/A	N/A	1.8	24.2	4.4	1.3	0.000	
Weight/Serving:	36.85	Fat Change %:		Moisture Change %:			% of Calories:			5.070	68.169	27.887	8.239			
R-0085	Hummus Protein Pack	280.000	N/A	140.000	4.000	0.000	2.160	40.000	N/A	N/A	4.000	38.000	12.000	2.000	N/A	
Weight/Serving:	226.54	Fat Change %:		Moisture Change %:			% of Calories:			5.714	54.286	38.571	6.429			
R-0048	Hummus, Seeds, Chips	280.000	N/A	140.000	4.000	0.000	2.160	40.000	N/A	N/A	4.000	38.000	12.000	2.000	N/A	
Weight/Serving:	169.39	Fat Change %:		Moisture Change %:			% of Calories:			5.714	54.286	38.571	6.429			
R-0086	Italian Cheese Dunkers 6-12	471.201	45.000	840.392	4.454	7.501*	3.290	560.001	791.045	21.517	30.016	49.398	16.607	9.035	0.000	
Weight/Serving:	249.37	Fat Change %:		Moisture Change %:			% of Calories:			25.480	41.934	31.720	17.257			
R-0016	Italian Cheese Dunkers K8	336.202	25.000	580.392	4.453	4.000*	2.239	420.001	601.046	21.517	21.517	37.399	22.106	6.035	0.000*	

		USDA														
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat	
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm	
Weight/Serving:	189.87	Fat Change %:		Moisture Change %:			% of Calories:			25.600	44.496	59.177	16.155			
R-0009 Juice 4 oz		60.0	0.0	6.667	0.0	13.0	N/A	6.667*	45.000*	12.0*	0.0	14.000	0.0	0.0	N/A	
Weight/Serving:	113.39	Fat Change %:		Moisture Change %:			% of Calories:			0.000	93.333	0.000	0.000			
R-0034 Juice 4.23oz		60.000	0.000	8.000	0.000	13.400	0.000	14.000	N/A	60.000	0.000	15.000	0.000	0.000	0.000	
Weight/Serving:	119.91	Fat Change %:		Moisture Change %:			% of Calories:			0.000	100	0.000	0.000			
R-0119 Juice, Veggie 4.23oz		62.542	0.000	5.212	0.000	13.551	0.000	0.000	N/A	62.542	0.000	14.593	0.000	0.000	0.000	
Weight/Serving:	125.00	Fat Change %:		Moisture Change %:			% of Calories:			0.000	93.332	0.000	0.000			
R-0055 Juice, Veggie 6.75		90.000	0.000	10.000	0.000	21.000	N/A	N/A	N/A	90.000	0.000	23.000	0.000	0.000	0.000	
Weight/Serving:	191.35	Fat Change %:		Moisture Change %:			% of Calories:			0.000	102.222	0.000	0.000			
R-0070 Lasagna, Cheese		124.000	10.000	220.000	1.000	3.333	1.080	140.000	266.667	0.400	5.333	15.000	4.333	2.667	0.000	
Weight/Serving:	75.59	Fat Change %:		Moisture Change %:			% of Calories:			17.203	48.387	31.449	19.357			
R-0043 Lunch Items, Variety		80.215	3.735	118.772	2.042	0.438	0.900	37.500	79.415	0.300	4.178	11.042	2.198	0.885	0.000	
Weight/Serving:	128.63	Fat Change %:		Moisture Change %:			% of Calories:			20.834	55.062	24.661	9.930			
R-0147 Mac & Cheese		302.0	47.0	659.0	2.0	3.0	0.0	3560.0	32950.0	0.0	16.0	27.0	15.0	8.5	0.6	
Weight/Serving:	170.09	Fat Change %:		Moisture Change %:			% of Calories:			21.192	35.762	44.702	25.331			
R-0143 Mac & Cheese with Smart Bites		432.0	47.0	754.0	3.0	11.0	1.8	3560.0	32950.0	0.0	18.0	49.0	19.0	9.5	0.6	
Weight/Serving:	199.09	Fat Change %:		Moisture Change %:			% of Calories:			16.667	45.370	39.583	19.792			
R-0356 MILK - Variety		143.740	12.850	146.178	0.175	20.681*	0.426	316.298	443.605	0.846	8.515	21.380	2.784	1.617	N/A	
Weight/Serving:	248.26	Fat Change %:		0.00	Moisture Change %:			0.00	% of Calories:			23.696	59.496	17.431	10.125	
R-0265 Milk, 1% Lowfat		102.48	12.2	107.36	0.000	12.688	0.073	305.000	478.24	0.000	8.223	12.176	2.367	1.545	N/A	
Weight/Serving:	244.00	Fat Change %:		0.00	Moisture Change %:			0.00	% of Calories:			32.096	47.525	20.787	13.569	
R-0266 Milk, Nonfat		83.3	4.9	102.9	0.000	12.470	0.074	298.9	499.8	0.000	8.256	12.152	0.196	0.137	N/A	

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	245.00	Fat Change %:	0.00	Moisture Change %:	0.00	% of Calories:	39.645	58.353	2.118	1.480					
R-0025	Milk, Nonfat Choc	120.000	5.000	160.000	0.000	19.000	0.360	250.000	750.000	N/A	9.000	21.000	0.000	0.000	0.000
Weight/Serving:	226.79	Fat Change %:		Moisture Change %:		% of Calories:	30.0	70.0	0.000	0.000					
R-0263	MILK,1% Chocolate	160.000	12.5	162.5	0.25	24.85	0.575	322.5	435.000	1.0	8.65	25.375	2.775	1.540	N/A
Weight/Serving:	250.00	Fat Change %:	0.00	Moisture Change %:	0.00	% of Calories:	21.625	63.438	15.609	8.662					
R-0262	MILK,2% Chocolate	190.000	20.000	165.000	1.75	23.875	0.60	272.5	567.5	0.000	7.475	30.325	4.75	2.942	N/A
Weight/Serving:	250.00	Fat Change %:	0.00	Moisture Change %:	0.00	% of Calories:	15.737	63.842	22.500	13.936					
R-0264	MILK,2% Lowfat	122.000	19.52	114.68	0.000	12.346	0.049	292.8	463.6	0.488	8.052	11.712	4.831	3.067	0.207
Weight/Serving:	244.00	Fat Change %:	0.00	Moisture Change %:	0.00	% of Calories:	26.400	38.400	35.639	22.625					
R-0261	MILK,Whole	148.84	24.4	104.92	0.000	12.322	0.073	275.72	395.28	0.000	7.686	11.712	7.93	4.551	N/A
Weight/Serving:	244.00	Fat Change %:	0.00	Moisture Change %:	0.00	% of Calories:	20.656	31.475	47.951	27.519					
R-0002	Mini Cinni	240.000	0.000	300.000	2.000	15.000	1.440	40.000	N/A	N/A	5.000	40.000	8.000	2.000	N/A
Weight/Serving:	65.00	Fat Change %:		Moisture Change %:		% of Calories:	8.333	66.667	30.0	7.500					
R-0156	Nacho Fries 6-12	637.358	61.538*	1565.479	5.000*	6.198	2.520*	486.147*	252.733*	9.600*	20.385	64.395	32.582	12.109	0.000*
Weight/Serving:	367.79	Fat Change %:		Moisture Change %:		% of Calories:	12.793	40.414	46.008	17.099					
R-0058	Nacho Kit	280.000	N/A	140.000	4.000	0.000	2.160	40.000	N/A	N/A	4.000	38.000	12.000	2.000	N/A
Weight/Serving:	197.74	Fat Change %:		Moisture Change %:		% of Calories:	5.714	54.286	38.571	6.429					
R-0139	Nachos, Beef 6-12	178.019	46.153	679.109	0.000	1.648	0.000	334.610	639.550	0.000	11.539	3.296	13.187	7.582	0.000
Weight/Serving:	339.49	Fat Change %:		Moisture Change %:		% of Calories:	25.928	7.406	66.669	38.332					
R-0148	Nachos, Cheese 6-12	237.358	61.538	905.479	0.000	2.198	0.000	446.147	852.733	0.000	15.385	4.395	17.582	10.109	0.000
Weight/Serving:	282.79	Fat Change %:		Moisture Change %:		% of Calories:	25.927	7.407	66.666	38.331					
R-0155	Nugget, Kickin & Fries 6-12	510.0	10.0	660.0	4.0	1.0	5.06	260.0*	0.0*	0.0*	19.0	59.0	23.0	3.0	0.0*

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	212.00	Fat Change %:		Moisture Change %:		% of Calories:				14.902	46.275	40.588	5.294		
R-0153	Nugget, Kickin & Smart Bites - K8	340.0	0.0	435.0	2.0	9.0	4.5	40.0	0.0	0.0	14.0	35.0	17.0	2.0	0.0
Weight/Serving:	114.00	Fat Change %:		Moisture Change %:		% of Calories:				16.471	41.176	45.00	5.294		
R-0154	Nugget, Kickin & Smart Bites - PK	298.0	0.0	367.0	1.8	8.8	3.96	32.0	0.0	0.0	11.6	32.4	14.4	1.8	0.0
Weight/Serving:	97.00	Fat Change %:		Moisture Change %:		% of Calories:				15.570	43.490	43.490	5.436		
R-0035	Nutrigrain Bar, Blueberry	130.000	0.000	125.000	1.000	13.000	1.8	130.000	N/A	N/A	2.000	25.000	3.5	0.5	0.000
Weight/Serving:	37.00	Fat Change %:		Moisture Change %:		% of Calories:				6.154	76.923	24.231	3.462		
R-0117	Orange Chicken & Rice K8	171.000	0.000	4.500	1.500	0.000	N/A	N/A	N/A	N/A	3.000	36.000	1.500	0.000	N/A
Weight/Serving:	238.39	Fat Change %:		Moisture Change %:		% of Calories:				7.018	84.211	7.895	0.000		
R-0018	Orange Chicken & Veggie Rice Bowl	228.000	0.000	6.000	2.000	0.000	N/A	N/A	N/A	N/A	4.000	48.000	2.000	0.000	N/A
Weight/Serving:	454.79	Fat Change %:		Moisture Change %:		% of Calories:				7.018	84.211	7.895	0.000		
R-0015	Pancakes, Strawberry IW	296.338	0.000	283.247	2.000	20.087	1.449	40.850	0.000*	0.000*	4.000	56.426	6.000	0.000*	N/A
Weight/Serving:	117.34	Fat Change %:		Moisture Change %:		% of Calories:				5.399	76.164	18.222	0.000		
R-0107	Party Pizza, Cheese	342.684	32.405	601.114	2.430	5.671	3.062	396.962	486.076	1.458	15.392	38.886	12.152	7.291	0.000
Weight/Serving:	128.00	Fat Change %:		Moisture Change %:		% of Calories:				17.966	45.390	31.915	19.149		
R-0012	Party Pizza, Pepperoni	458.126	48.428	890.101	2.906	6.780	3.835	474.591	581.132	1.743	23.245	47.459	18.403	9.686	N/A
Weight/Serving:	154.00	Fat Change %:		Moisture Change %:		% of Calories:				20.296	41.438	36.153	19.028		
R-0126	PB Snack Pack 9-12	588.700	10.000	588.833	6.912	11.068	2.065*	223.270*	29.43*	2.507*	18.755	49.940	35.922	7.420	0.000*
Weight/Serving:	153.19	Fat Change %:		Moisture Change %:		% of Calories:				12.743	33.932	54.917	11.344		
R-0068	PB Snack Pack K8	588.700	10.000	588.833	6.912	11.068	2.065*	223.270*	29.43*	2.507*	18.755	49.940	35.922	7.420	0.000*
Weight/Serving:	153.19	Fat Change %:		Moisture Change %:		% of Calories:				12.743	33.932	54.917	11.344		

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
R-0064	PB&J Uncrustable	600.000	0.000	560.000	8.000	28.000	2.000	52.000	N/A	N/A	18.000	64.000	34.000	6.000	N/A
	Weight/Serving: 152.00	Fat Change %:		Moisture Change %:		% of Calories:				12.00	42.667	51.00	9.00		
R-0098	PBJ & 1oz Graham	110.000	0.000	95.000	2.000	7.000	2.000	15.000	0.000	0.000	2.000	20.000	3.000	0.5	0.000
	Weight/Serving: 104.00	Fat Change %:		Moisture Change %:		% of Calories:				7.273	72.727	24.545	4.091		
R-0011	PBJ & 1oz Sunrise Cracker	410.000	0.000	395.000	6.000	20.000	3.000	38.000	N/A	N/A	11.000	52.000	20.500	3.000	N/A
	Weight/Serving: 104.00	Fat Change %:		Moisture Change %:		% of Calories:				10.732	50.732	45.00	6.585		
R-0046	PBJ & Cheese	380.000	15.000	480.000	4.000	14.000	1.000	226.000	200.000*	0.000*	15.000	33.000	23.000	7.000	N/A
	Weight/Serving: 104.00	Fat Change %:		Moisture Change %:		% of Calories:				15.789	34.737	54.474	16.579		
R-0084	PBJ Sandwich Combo	588.388	20.000	639.425	6.631	37.628	2.649	358.475	200.000*	0.834*	19.196	75.754	26.591	8.034	0.000*
	Weight/Serving: 161.25	Fat Change %:		Moisture Change %:		% of Calories:				13.050	51.499	40.674	12.289		
R-0106	PBJ, Cheese, Graham	110.000	0.000	95.000	2.000	7.000	2.000	15.000	0.000	0.000	2.000	20.000	3.000	0.5	0.000
	Weight/Serving: 132.00	Fat Change %:		Moisture Change %:		% of Calories:				7.273	72.727	24.545	4.091		
R-0159	Pizza Pocket	300.000	30.000	590.000	3.000	5.000	N/A	N/A	N/A	N/A	19.000	31.000	12.000	5.000	0.000
	Weight/Serving: 126.00	Fat Change %:		Moisture Change %:		% of Calories:				25.333	41.333	36.00	15.00		
R-0142	Pizza, Cheese	342.684	32.405	601.114	2.430	5.671	3.062	396.962	486.076	1.458	15.392	38.886	12.152	7.291	0.000
	Weight/Serving: 128.00	Fat Change %:		Moisture Change %:		% of Calories:				17.966	45.390	31.915	19.149		
R-0116	Pizza, Cheese 4x6	310.000	15.000	480.000	4.000	8.000	2.700	250.000	500.000	0.000	16.000	35.000	11.000	4.000	0.000
	Weight/Serving: 130.00	Fat Change %:		Moisture Change %:		% of Calories:				20.645	45.161	31.935	11.613		
R-0037	Pizza, Cheese 6-12	371.024	32.405	601.659	3.738	11.334	3.127	400.232	515.506	3.965	15.534	46.412	12.245	7.306	0.000
	Weight/Serving: 182.50	Fat Change %:		Moisture Change %:		% of Calories:				16.747	50.037	29.703	17.722		
R-0017	Pizza, Deep Dish Pep IW	360.000	35.000	570.000	3.000	4.000	1.800	400.000	500.000	9.000	20.000	34.000	16.000	7.000	N/A
	Weight/Serving: 160.00	Fat Change %:		Moisture Change %:		% of Calories:				22.222	37.778	40.0	17.500		
R-0146	Pizza, Pepperoni 4x6	344.667	23.000	594.667	4.0	8.0	2.807	252.667	500.0*	0.0*	17.600	35.267	14.200	5.200	0.0

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	137.46	Fat Change %:		Moisture Change %:		% of Calories:				20.426	40.929	37.079	13.578		
R-0083	Pizza, Pepperoni 6-12	486.466	48.428	890.646	4.214	12.443	3.900	477.861	610.562	4.250	23.387	54.985	18.496	9.701	0.000*
Weight/Serving:	208.50	Fat Change %:		Moisture Change %:		% of Calories:				19.230	45.212	34.219	17.948		
R-0069	Pizza, Pepperoni, Kit	458.126	48.428	890.101	2.906	6.780	3.835	474.591	581.132	1.743	23.245	47.459	18.403	9.686	N/A
Weight/Serving:	154.00	Fat Change %:		Moisture Change %:		% of Calories:				20.296	41.438	36.153	19.028		
R-0141	Pizza, Valentino 6-12	371.024	32.405	601.659	3.738	11.334	3.127	400.232	515.506	3.965	15.534	46.412	12.245	7.306	0.0
Weight/Serving:	182.50	Fat Change %:		Moisture Change %:		% of Calories:				16.747	50.037	29.703	17.722		
R-0140	Pizza, Vegetarian 6-12	371.024	32.405	601.659	3.738	11.334	3.127	400.232	515.506	3.965	15.534	46.412	12.245	7.306	0.000
Weight/Serving:	182.50	Fat Change %:		Moisture Change %:		% of Calories:				16.747	50.037	29.703	17.722		
R-0111	Poptart, Brown Sugar	370.000	0.000	390.000	6.000	31.000	3.600	200.000	1000.000	0.000	5.000	76.000	6.000	2.000	0.000
Weight/Serving:	100.00	Fat Change %:		Moisture Change %:		% of Calories:				5.405	82.162	14.595	4.865		
R-0027	Poptart, Strawberry	360.000	0.000	360.000	6.000	29.000	3.600	200.000	1000.000	0.000	4.000	75.000	5.000	2.000	0.000
Weight/Serving:	100.00	Fat Change %:		Moisture Change %:		% of Calories:				4.444	83.333	12.500	5.00		
R-0031	Potato, Red	202.000	0.000	27.000	4.1	3.2	1.584	16.000	25.000	28.800	5.2	44.000	0.3	0.1	N/A
Weight/Serving:	227.00	Fat Change %:		Moisture Change %:		% of Calories:				10.297	87.129	1.337	0.446		
R-0128	Potato, Wedge	100.000	0.000	20.000	1.000	0.000	0.360	N/A	N/A	N/A	1.000	18.000	3.000	0.000	0.000
Weight/Serving:	85.00	Fat Change %:		Moisture Change %:		% of Calories:				4.00	72.00	27.00	0.000		
R-0032	Rice Krispies Treat	160.000	0.000	140.000	1.000	11.000	2.2	0.000	N/A	N/A	2.000	30.000	4.000	1.000	0.000
Weight/Serving:	40.00	Fat Change %:		Moisture Change %:		% of Calories:				5.00	75.00	22.500	5.625		
R-0029	Rice, Brown, Par Boiled	114.0	0.0	3.0	1.0	0.0	N/A	N/A	N/A	N/A	2.0	24.0	1.0	0.0	0.0
Weight/Serving:	78.00	Fat Change %:		Moisture Change %:		% of Calories:				7.018	84.211	7.895	0.000		
R-0014	Sack Lunch Deli Sandwich	721.970	51.000	769.890	23.658	41.854	7.683	758.010	1081.840	561.911	46.398	115.761	13.492	4.945	0.000*

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	963.40	Fat Change %:		Moisture Change %:			% of Calories:			25.706	64.136	16.819	6.164		
R-0152	Salad, Chef 6-12	642.978	70.00	1563.332	6.572	9.196	3.881*	254.285*	4073.19*	14.054*	24.319	72.427	39.979	9.314	0.00*
Weight/Serving:	369.72	Fat Change %:		Moisture Change %:			% of Calories:			15.129	45.057	55.960	13.037		
R-0081	Salad, Chicken Caesar 6-12	777.400	106.893	1923.896	4.974	3.629	4.243*	781.459*	577.847*	5.360*	45.636	43.026	45.953	13.886	0.000*
Weight/Serving:	324.45	Fat Change %:		Moisture Change %:			% of Calories:			23.481	22.138	53.200	16.076		
R-0103	Salad, Chicken Caesar K-8	555.755	86.482	1271.208	3.480	3.094	2.769*	398.484*	385.773*	4.420*	32.614	27.286	34.132	8.451	0.000*
Weight/Serving:	251.60	Fat Change %:		Moisture Change %:			% of Calories:			23.474	19.639	55.274	13.686		
R-0138	Salad, Garden Veggie	600.984	15.00	1224.294	10.948	6.737*	5.087*	117.684*	518.554*	15.249*	13.661	71.931	29.269	3.454	0.00
Weight/Serving:	383.52	Fat Change %:		Moisture Change %:			% of Calories:			9.092	47.875	43.832	5.173		
R-0071	Salsa, Hot	21.500	0.000	537.500	N/A	4.300	N/A	N/A	430.000	10.320	0.000	4.300	0.000	0.000	0.000
Weight/Serving:	121.90	Fat Change %:		Moisture Change %:			% of Calories:			0.000	80.0	0.000	0.000		
R-0060	Salsa, Mild	21.500	0.000	537.500	N/A	4.300	N/A	N/A	430.000	10.320	0.000	4.300	0.000	0.000	0.000
Weight/Serving:	121.90	Fat Change %:		Moisture Change %:			% of Calories:			0.000	80.0	0.000	0.000		
R-0028	Sandwich, Peanut Butter	140.000	0.000	300.000	4.000	2.000	1.2	60.000	N/A	N/A	6.000	26.000	2.000	0.000	0.000
Weight/Serving:	118.93	Fat Change %:		Moisture Change %:			% of Calories:			17.143	74.286	12.857	0.000		
R-0076	Sandwich, Sunbutter & Grape	310.000	0.000	300.000	4.000	11.000	5.000	27.000	0.000	0.000	9.000	33.000	15.000	2.000	0.000
Weight/Serving:	79.00	Fat Change %:		Moisture Change %:			% of Calories:			11.613	42.581	43.548	5.806		
R-0026	Sandwich, Turkey	140.000	0.000	300.000	4.000	2.000	1.2	60.000	N/A	N/A	6.000	26.000	2.000	0.000	0.000
Weight/Serving:	141.04	Fat Change %:		Moisture Change %:			% of Calories:			17.143	74.286	12.857	0.000		
R-0130	Sandwich, Turkey	140.000	0.000	300.000	4.000	2.000	1.2	60.000	N/A	N/A	6.000	26.000	2.000	0.000	0.000
Weight/Serving:	141.04	Fat Change %:		Moisture Change %:			% of Calories:			17.143	74.286	12.857	0.000		
R-0124	Sandwich, Turkey & Cheese 6-8	140.000	0.000	300.000	4.000	2.000	1.2	60.000	N/A	N/A	6.000	26.000	2.000	0.000	0.000

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	199.49	Fat Change %:		Moisture Change %:		% of Calories:				17.143	74.286	12.857	0.000		
R-0082	Sandwich, Turkey & Cheese 9-12	140.000	0.000	170.000	2.000	2.000	0.6	10.000	0.000	0.000	2.000	19.000	6.000	0.5	0.000
Weight/Serving:	227.49	Fat Change %:		Moisture Change %:		% of Calories:				5.714	54.286	38.571	3.214		
R-0120	SB Snack Pack	671.301	10.000	566.322	12.167	12.307	4.944	280.190	29.430*	2.507*	21.646	51.030	42.530	6.445	0.000*
Weight/Serving:	167.37	Fat Change %:		Moisture Change %:		% of Calories:				12.898	30.407	57.019	8.641		
R-0104	SBJ & 1oz Graham	110.000	0.000	95.000	2.000	7.000	2.000	15.000	0.000	0.000	2.000	20.000	3.000	0.5	0.000
Weight/Serving:	107.00	Fat Change %:		Moisture Change %:		% of Calories:				7.273	72.727	24.545	4.091		
R-0078	SBJ & 1oz Sunrise Cracker	420.000	0.000	415.000	6.000	17.000	7.000	39.000	0.000*	0.000*	11.000	53.000	18.500	2.000	0.000*
Weight/Serving:	107.00	Fat Change %:		Moisture Change %:		% of Calories:				10.476	50.476	39.643	4.286		
R-0072	SBJ & Cheese	390.000	15.000	500.000	4.000	11.000	5.000	227.000	200.000	0.000	15.000	34.000	21.000	6.000	0.000*
Weight/Serving:	107.00	Fat Change %:		Moisture Change %:		% of Calories:				15.385	34.872	48.462	13.846		
R-0114	SBJ, Cheese, Graham	110.000	0.000	95.000	2.000	7.000	2.000	15.000	0.000	0.000	2.000	20.000	3.000	0.5	0.000
Weight/Serving:	135.00	Fat Change %:		Moisture Change %:		% of Calories:				7.273	72.727	24.545	4.091		
R-0056	Shelf Stable Fruit Variety	94.333	0.000*	1.333*	1.999	19.667	0.180*	6.689*	0.000*	0.000*	0.333*	24.665	0.000*	0.000*	0.000*
Weight/Serving:	68.62	Fat Change %:		Moisture Change %:		% of Calories:				0.000	104.587	0.000	0.000		
R-0054	Smart Cookie	130.000	0.000	95.000	1.000	8.000	1.8	0.0	0.0	0.0	2.000	22.000	4.000	1.000	0.000
Weight/Serving:	29.00	Fat Change %:		Moisture Change %:		% of Calories:				6.154	67.692	27.692	6.923		
R-0090	Soy milk, Vanilla	150.000	0.000	70.000	0.000	13.000	1.440	300.000	500.000	0.000	8.000	18.000	4.5	1.000	0.000
Weight/Serving:	226.79	Fat Change %:		Moisture Change %:		% of Calories:				21.333	48.00	27.00	6.00		
R-0022	String Cheese & Cheez it	290.000	45.000	550.000	1.000	0.000	1.000	510.000	400.000*	0.000*	16.000	15.000	18.500	11.000	N/A
Weight/Serving:	77.00	Fat Change %:		Moisture Change %:		% of Calories:				22.069	20.690	57.414	34.138		
R-0102	String Cheese & Chips	280.000	N/A	140.000	4.000	0.000	2.160	40.000	N/A	N/A	4.000	38.000	12.000	2.000	N/A

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	112.00	Fat Change %:		Moisture Change %:			% of Calories:			5.714	54.286	38.571	6.429		
R-0049	String Cheese Combo	290.000	45.000	550.000	1.000	0.000	1.000	510.000	400.000*	0.000*	16.000	15.000	18.500	11.000	N/A
Weight/Serving:	77.00	Fat Change %:		Moisture Change %:			% of Calories:			22.069	20.690	57.414	34.138		
R-0150	Sun Chips, Harvest Cheddar	140.0	0.0	170.000	2.0	2.0	0.6	10.000	0.0	0.0	2.0	19.000	6.0	0.5	0.0
Weight/Serving:	28.00	Fat Change %:		Moisture Change %:			% of Calories:			5.714	54.286	38.571	3.214		
R-0065	Sunchips Variety, 1oz	140.000	0.00	140.000	2.000	2.000	0.600	7.500	N/A	N/A	2.000	19.000	6.000	0.500	0.00
Weight/Serving:	28.26	Fat Change %:		Moisture Change %:			% of Calories:			5.714	54.286	38.571	3.214		
R-0041	Surprise Treats, Boxed Meals	135.000	0.000	127.500	1.500	8.500	2.100	6.000	N/A	N/A	2.000	25.000	3.750	0.500	0.000*
Weight/Serving:	34.00	Fat Change %:		Moisture Change %:			% of Calories:			5.926	74.074	25.00	3.333		
R-0023	Tamale, Cheese	210.000	10.000	120.000	3.000	2.000	3.600	150.000	100.000	1.200	7.000	35.000	5.000	2.000	N/A
Weight/Serving:	113.00	Fat Change %:		Moisture Change %:			% of Calories:			13.333	66.667	21.429	8.571		
R-0145	Teriyaki Beef Dunkers & Rice K8	464.489	46.160	759.224	2.228*	20.909	1.515*	15.960*	51.240*	0.000*	15.536	65.845	15.016	6.454*	N/A
Weight/Serving:	238.39	Fat Change %:		Moisture Change %:			% of Calories:			13.379	56.703	29.095	0.000		
R-0151	Teriyaki Beef, Veggie & Rice Bowl 6-12	541.769	46.160	779.444	5.068*	21.962	2.147*	59.640*	857.760*	43.992*	18.728	81.573	15.742	6.488*	0.000*
Weight/Serving:	355.39	Fat Change %:		Moisture Change %:			% of Calories:			13.827	60.227	26.151	0.000		
R-0118	Teriyaki Chicken & Rice K8	171.000	0.000	4.500	1.500	0.000	N/A	N/A	N/A	N/A	3.000	36.000	1.500	0.000	N/A
Weight/Serving:	210.04	Fat Change %:		Moisture Change %:			% of Calories:			7.018	84.211	7.895	0.000		
R-0019	Teriyaki Chicken & Veggie Rice Bowl	651.729	201.119	1405.202	4.468	30.525	2.814*	44.64*	806.76*	43.992*	49.591	87.156	12.490	2.959	0.000*
Weight/Serving:	468.79	Fat Change %:		Moisture Change %:			% of Calories:			30.437	53.492	17.248	4.086		
R-0051	Teriyaki Chicken w Brown Rice and Broccoli	270.00	45.00	420.00	3.00	15.00	0.324	520.00	N/A	N/A	16.00	40.00	5.00	1.5	0.00

		USDA														
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat	
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm	
Weight/Serving:	212.62	Fat Change %:		Moisture Change %:			% of Calories:			23.704	59.259	16.667	5.00			
R-0094	Tornados, Breakfast	144.0	30.0	280.0	2.0	1.0	1.44	40.0	200.0	1.2	7.0	22.0	7.0	1.5	0.0	
Weight/Serving:	79.00	Fat Change %:		Moisture Change %:			% of Calories:			19.444	61.111	43.750	9.375			
R-0061	Tortilla Chips, 2 oz	280.000	N/A	140.000	4.000	0.000	2.160	40.000	N/A	N/A	4.000	38.000	12.000	2.000	N/A	
Weight/Serving:	56.00	Fat Change %:		Moisture Change %:			% of Calories:			5.714	54.286	38.571	6.429			
R-0010	Turkey & Cheese Hoagie	315.000	51.000	567.000	2.000	4.000	2.660	461.000	150.000	0.000	26.80	24.000	10.50	4.000	N/A	
Weight/Serving:	130.40	Fat Change %:		Moisture Change %:			% of Calories:			34.032	30.476	30.0	11.429			
R-0079	Turkey Ham & Cheese Wrap	270.000	60.000	640.000	2.000	2.000	1.800	250.000	300.000	2.400	17.000	25.000	12.000	6.000	0.000	
Weight/Serving:	132.00	Fat Change %:		Moisture Change %:			% of Calories:			25.185	37.037	40.0	20.0			
R-0101	Turkey Protein Pack	280.000	N/A	140.000	4.000	0.000	2.160	40.000	N/A	N/A	4.000	38.000	12.000	2.000	N/A	
Weight/Serving:	198.19	Fat Change %:		Moisture Change %:			% of Calories:			5.714	54.286	38.571	6.429			
R-0042	Variety Breakfast Item	266.666	8.333	302.500	2.999	16.667	1.780	70.167	216.667*	0.000*	5.834	45.500	7.167	2.000*	0.000*	
Weight/Serving:	83.66	Fat Change %:		Moisture Change %:			% of Calories:			8.751	68.250	24.189	0.000			
R-0036	Waffle Graham	110.000	0.000	105.000	1.500	7.000	2.250	20.000	300.000	3.600	2.000	20.500	3.250	0.250	0.000	
Weight/Serving:	28.00	Fat Change %:		Moisture Change %:			% of Calories:			7.273	74.545	26.591	2.045			
R-0005	Yogurt & Cracker	70.000	4.9	55.000	0.000	10.000	0.000	100.000	N/A	0.000	4.000	14.000	0.000	0.000	N/A	
Weight/Serving:	141.00	Fat Change %:		Moisture Change %:			% of Calories:			22.857	80.0	0.000	0.000			
R-0045	Yogurt & Maple Grahams	70.000	4.9	55.000	0.000	10.000	0.000	100.000	N/A	0.000	4.000	14.000	0.000	0.000	N/A	
Weight/Serving:	141.00	Fat Change %:		Moisture Change %:			% of Calories:			22.857	80.0	0.000	0.000			
R-0113	Yogurt Parfait - Bfast	363.048	2.498	231.786	4.744*	29.314	1.125*	122.072	512.592	0.709*	8.590	65.705	7.893	1.510	0.000*	
Weight/Serving:	198.44	Fat Change %:		Moisture Change %:			% of Calories:			9.464	72.393	19.567	3.743			
R-0013	Yogurt Parfait - Lunch	936.526	9.991	568.685	10.050*	88.362	2.289*	445.630	2033.854	1.938*	24.260	172.908	17.419	4.028	0.000*	

		USDA													
		Calories	Chol	Sodium	Fiber	Sugars	Iron	Calc	VitA	VitC	Protein	Carb	Tot Fat	SFat	Trans. Fat
		cals	mg	mg	gm	gm	mg	mg	IU	mg	gm	gm	gm	gm	gm
Weight/Serving:	644.49	Fat Change %:		Moisture Change %:		% of Calories:				10.362	73.851	16.740	3.871		
R-0105	Yogurt, Sun Seeds, & 1oz Sunrise Cracker	70.000	4.9	55.000	0.000	10.000	0.000	100.000	N/A	0.000	4.000	14.000	0.000	0.000	N/A
Weight/Serving:	169.34	Fat Change %:		Moisture Change %:		% of Calories:				22.857	80.0	0.000	0.000		
R-0099	Yogurt, Sun Seeds, & 2oz Sunrise Cracker	70.000	4.9	55.000	0.000	10.000	0.000	100.000	N/A	0.000	4.000	14.000	0.000	0.000	N/A
Weight/Serving:	169.34	Fat Change %:		Moisture Change %:		% of Calories:				22.857	80.0	0.000	0.000		
R-0047	Yogurt, Sun Seeds, & Cheez-It's	70.000	4.9	55.000	0.000	10.000	0.000	100.000	N/A	0.000	4.000	14.000	0.000	0.000	N/A
Weight/Serving:	162.34	Fat Change %:		Moisture Change %:		% of Calories:				22.857	80.0	0.000	0.000		

Note: * means nutrient data is missing or not available.